

# Diabetes, Obesity, Eating Disorders & Nutrition Web Resources

## DIABETES

### **American Diabetes Association**

Provides extensive news and information about diabetes including symptoms, nutrition, weight loss, prevention, research, and community resources.

[www.diabetes.org/](http://www.diabetes.org/)

### **National Institute of Diabetes and Digestive and Kidney Diseases**

Includes information on health concerns and clinical trials.

[www.niddk.nih.gov/](http://www.niddk.nih.gov/)

### **Centers for Disease Control: Diabetes**

Features resources, articles, links, and FAQ with symptoms, treatment, and risk factors.

[www.cdc.gov/diabetes/index.htm](http://www.cdc.gov/diabetes/index.htm)

### **Joslin Diabetes Center**

Research, treatment and patient and professional education.

[www.joslin.harvard.edu/](http://www.joslin.harvard.edu/)

### **Juvenile Diabetes Foundation**

Non-governmental funder of diabetes research, whose mission is to find a cure for diabetes.

[www.jdf.org/](http://www.jdf.org/)

## OBESITY

### **Obesity** - Learn more from **MedlinePlus**

Find the latest news stories, overviews, research and more on Obesity from MedlinePlus, the National Library of Medicine's consumer health site.

[www.nlm.nih.gov/medlineplus/obesity.html](http://www.nlm.nih.gov/medlineplus/obesity.html)

### **American Obesity Association**

Works for treatment and prevention of obesity, supports related research and education, and advocates and end to discrimination against those who suffer from obesity.

[www.obesity.org/](http://www.obesity.org/)

### **North American Association for the Study of Obesity (NAASO)**

Interdisciplinary society whose purpose is to develop, extend and disseminate knowledge in the field of obesity. NAASO, The Obesity Society is the leading scientific society dedicated to the study of obesity. Since 1982 NAASO has been committed to encouraging research on the causes and treatment of obesity, and to keeping the medical community and public informed of new advances.

[www.naaso.org/](http://www.naaso.org/)

### **International Obesity Task Force**

Seeks to secure a commitment from governments worldwide to recognize obesity as an epidemic which poses a serious threat to public health.

[www.ietf.org/](http://www.ietf.org/)

## EATING DISORDERS

### **Eating disorders** - Learn more from **MedlinePlus**

Find the latest news stories, overviews, research and more on Obesity from MedlinePlus, the National Library of Medicine's consumer health service.

<http://www.nlm.nih.gov/medlineplus/eatingdisorders.html>

### **Eating Disorders: Facts About Eating Disorders**

National Institute of Mental Health's site for information and solutions on Anorexia Nervosa, Bulimia Nervosa, Binge-Eating Disorder. Includes research findings and references.

<http://www.nimh.nih.gov/publicat/eatingdisorders.cfm>

### **National Mental Health Information Center**

Concise overview of eating disorders from the US Health and Human Services Substance Abuse and Mental Health Services Administration. Provides links to two societies that provide treatment referrals.

<http://www.mentalhealth.samhsa.gov/publications/allpubs/ken98-0047/default.asp#3>

### **Let's Talk Facts About Eating Disorders**

Created by the American Psychiatric Association, this PDF file provides lists of symptoms to look for in someone suffering from an eating disorder. Links to resources.

<http://healthyminds.org/multimedia/eatingdisorders.pdf>

### **National Eating Disorders Association**

Publishes and distribute educational materials and operates a toll-free eating disorders information and referral line for the U.S.

<http://www.nationaleatingdisorders.org/>

### **National Association of Anorexia Nervosa and Associated Disorders (ANAD)**

Helps eating disorder victims and their families with services including telephone and online counseling, referrals, support groups, and consumer advocacy.

<http://www.anad.org/>

## NUTRITION

### **Food and Nutrition Information Center**

Information on food safety, dietary guidelines, reports and studies, and online resources created by the National Agricultural Library.

<http://www.nal.usda.gov/fnic/>

### **Nutrition.gov**

Provides access to government information on nutrition, healthy eating, and physical activity information from across the federal government. It serves as a gateway to reliable information on nutrition, healthy eating, physical activity, and food safety for consumers, educators and health professionals.

[www.nutrition.gov/%20](http://www.nutrition.gov/%20)

### **American Dietetic Association**

Has a consumer information area with helpful nutrition information sheets, links to organizations working in the nutrition area as well as a listing of books dealing with nutrition topics. Many areas of this site are restricted to ADA members only.

<http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/nutrition.html>